



Subs (White or Wheat roll)

Deli- Style Submarine Sandwiches
on French rolls baked fresh Daily for Valentino's

Hot Subs

MeatBall - We surround the meatballs with our secret red sauce & add lots of Parmesan and shredded lowfat Mozzarella cheese. Then we heat the Sub so everything ~ including the bread ~ is nice and hot.
Full \$12.00 Half \$8.00

Santa Barbara Q Beef Sub ~ One of our favorites. We start with lean roast beef, add BBQ sauce and lots of shredded Mozzarella. When heated, it becomes one piping hot great Sandwich!
Full \$12.00 Half \$8.00

BBQ Chicken Sub - One of our favorites. We start with lean chicken, add BBQ sauce and lots of shredded Mozzarella. When heated, it becomes one piping hot great Sandwich!
Full \$12.00 Half \$8.00

Tyler Special Sub ~ A Santa Barbara favorite! White chicken, heated together with crispy bacon, jalapeños, Mozzarella and Parmesean cheese, then layered with Ranch dressing, avocado & lettuce ~ yummy!
Full \$14.50 Half \$10.50

Steak Sub ~ This sub has lean roast beef, slices of Provolone cheese, onions, mushrooms, a little bit of mustard, & Italian Dressing, heated to melt everything all together ~ different & delicious!
Full \$12.00 Half \$8.00

Cold Subs

Val's Veggie Sub ~ Lots of fresh veggies...zucchini, sliced fresh tomato, onion, mushrooms, marinated red onions & cucumbers, black olives, pickles, lettuce, mustard, mayo, Provolone cheese, shredded lowfat Mozzarella, & Italian dressing.
Full \$12.00 Half \$8.00

Roast Beef Sub ~ Start with lean roast beef, add mustard, mayo, fresh sliced tomato, pickle, lettuce, Provolone cheese, a sprinkle of shredded Mozzarella & Italian dressing.
Full \$12.00 Half \$8.00

Chicken Pesto Sub ~ Tender pieces of all white chicken, Provolone cheese, mixed greens, sliced fresh tomato & onion, lowfat Mozzarella cheese and our own Pesto sauce.
Full \$12.00 Half \$8.00

Hope Ranch BLT Sub ~ Juicy ham, real bacon bits, Provolone cheese, sliced fresh tomato & onion, lettuce, and ranch dressing.
Full \$12.00 Half \$8.00

Turkey Sub ~ Not just any turkey. Roasted turkey breast, then add mustard, mayo, fresh sliced tomato, pickle, onion, lettuce, Provolone cheese, a sprinkle of shredded Mozzarella & Italian dressing.
Full \$12.00 Half \$8.00

Italian Sub ~ No mustard or mayo on this one...just Provolone cheese, fresh sliced tomato, Capicola ham, Cotto salami, hard salami, lettuce, shredded lowfat Mozzarella, sliced onion & pepperoncini, all drizzled with Italian dressing.
Full \$12.00 Half \$8.00

Ham Sub ~ The ham slices we use are lean and tender. We add mustard, mayo, fresh sliced tomato, pickle, onion, lettuce, Provolone cheese, a sprinkle of shredded Mozzarella & Italian dressing.
Full \$12.00 Half \$8.00

Turkey Pastrami Sub ~ We begin with fresh sliced turkey pastrami, plus mustard, mayo, fresh sliced tomato, pickle, onion, lettuce, Provolone cheese, a sprinkle of shredded lowfat Mozzarella & Italian dressing.
Full \$12.00 Half \$8.00

Tuna Sub ~ We only use solid white albacore tuna, mix it with mayo, black pepper, mustard, provolone, tomato, purple onion, pickles, lettuce * a sprinkle of mozzarella cheese.
Full \$12.00 Half \$8.00

Greek Sub ~ Not just a salad! Our lean white chicken topped with tomato, fresh cucumber, red onion, kalamata olives, feta cheese, mixed greens & our homemade house dressing. Delicious!
Full \$12.00 Half \$8.00

PB&J - Delicious peanut butter topped with yummy strawberry jam!
Full \$7.00 Half \$5.00

Deluxe Sub ~ (add to any sub) add sliced mushrooms, black olives, marinated cucumber slices & marinated red onions.
+ \$1.50 for both Full and Half Subs

Party Subs

Imagine three feet or five feet* of fresh French roll baked just hours before you need it and filled with any of the ingredients of our regular Cold Subs. We'll do all the work for you, and you can serve your friends and guests a stunning sandwich that is also fresh and sumptuous.

Three-foot Sub \$60.00 18 - 20 Slices
Five-foot Sub \$85.00 30 - 32 Slices

*That's 36" or 60" ~ allow 2" per person. Please order 24 hrs ahead.

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Gourmet Pizza Combinations

Small ~ 10" Medium ~ 12" Large ~ 14" Mega ~ 16"

Val's House Special (a favorite for over 2 decades!) ~ pepperoni, sausage, black olives, mushrooms, onions & green bell peppers, with lowfat Mozzarella cheese and our own secret red sauce.

Sm \$13.99 Md \$15.99 Lg \$18.99 Mega \$20.99

Val's Veggie ~ mushrooms, black olives, zucchini, onions, tomato & bell pepper generously added to the top of lowfat Mozzarella cheese and our own secret red sauce.

Sm \$13.99 Md \$15.99 Lg \$18.99 Mega \$20.99

Val's Bambino ~ pepperoni, turkey Canadian bacon, Dole pineapple, black olives & mushrooms, on a bed of lowfat Mozzarella cheese and our own secret red sauce.

Sm \$13.99 Md \$15.99 Lg \$18.99 Mega \$20.99

White Pizza ~ No sauce! On a bed of lowfat Mozzarella we add fresh & sun-dried tomato, onion, fresh garlic & crumbled feta cheese. A very distinct yet flavorful gourmet treat.

Sm \$13.99 Md \$15.99 Lg \$18.99 Mega \$20.99

Mediterranean ~ Our homemade pesto sauce is the base for this gourmet pizza. After the lowfat Mozzarella, we add lots of fresh garlic, sun-dried tomato, sliced fresh tomato, onions & crumbled feta cheese.

Sm \$13.99 Md \$15.99 Lg \$18.99 Mega \$20.99

Gourmet Chicken Pesto Pizza ~ Our own pesto sauce, topped with shredded lowfat Mozzarella, all-white meat chicken, sliced tomato, onion & Provolone cheese.

Sm \$13.99 Md \$15.99 Lg \$18.99 Mega \$20.99

Pizza Sampler ~ Four individual-size pizzas for those who can't decide. Choose any four pizzas from the menu or create four of your own. Kids love cheese and parents love gourmet! **\$19.99**

Chicken Cacciatore ~ Chunks of white chicken are the highlight, with green bell pepper & sliced onion, covered with lowfat Mozzarella, all atop our own secret red sauce.

Sm \$13.99 Md \$15.99 Lg \$18.99 Mega \$20.99

Hope Ranch BLT Pizza ~ Our homemade buttermilk ranch dressing is the base for this tasty pizza. After the Ranch, we add lowfat Mozzarella, crunchy shredded lettuce, real bacon bits & sliced tomato. Crazy about Ranch? It comes with a side container for dipping.

Sm \$13.99 Md \$15.99 Lg \$18.99 Mega \$20.99

Santa Barbara Q Chicken ~ The cheese is on the top! Beneath the Mozzarella is all-white meat chicken, Dole pineapple & onion, all resting on a bed of BBQ sauce.

Sm \$13.99 Md \$15.99 Lg \$18.99 Mega \$20.99

Cheese Pizza ~ Just the basics: lowfat Mozzarella cheese and our own secret red sauce. Serve unadorned, or use as the foundation for any Create Your Own combination pizzas.

Sm \$10.50 Md \$11.50 Lg \$12.50 Mega \$14.50



Salads

Choose Ranch, Italian or House dressing to complement our fresh Salads ~

Val's Italian Salad ~ On a bed of crisp lettuce, marinated cucumbers & red onions, fresh tomato, mushrooms, black olives, peperoncini, hard salami, Provolone cheese, croutons & a sprinkle of shredded lowfat Mozzarella. **\$11.50**

Classic Greek Salad ~ Kalamata olives, cucumbers, fresh tomato, red onion, croutons & feta cheese on mixed greens. **\$11.50**

Chicken Caesar Salad - Fresh cut romaine lettuce, topped with all white chicken, parmesan cheese and our own homemade croutons. Comes with caesar dressing. **\$11.50**

Chicken Artichoke Salad ~ Tender all-white chicken, walnuts, marinated artichoke hearts, fresh tomato, mushrooms & croutons on mixed greens. **\$11.50**

Garden Patch Salad ~ Enjoy your daily veggie intake with this toss of fresh lettuce, marinated cucumbers & red onions, fresh tomato, mushrooms, black olives, green bell pepper, croutons, & a sprinkle of shredded lowfat Mozzarella cheese. **\$10.00**

Chef Salad ~ The Classic: lettuce, black olives, mushrooms, fresh tomato, marinated cucumbers & red onions, ham, turkey, Provolone cheese, croutons & a sprinkle of shredded lowfat Mozzarella. **\$11.50**

Tuna Salad ~ Fresh made tuna salad on top of a bed of lettuce, black olives, mushrooms, fresh tomato, marinated cucumbers & red onions, Provolone cheese, croutons & a sprinkle of shredded lowfat Mozzarella. **\$11.50**

Family Dinner Salad ~ To the lettuce we add marinated cucumber, fresh tomato, croutons & a sprinkle of shredded lowfat Mozzarella. We make this one for a family, or smaller to go with a sandwich.

Sm \$6.00 Family \$8.75

Create Your Own Pizza

Bake at 450° for 10-12 minute on the Top Shelf of oven.

Basic +Top +Pesto +Xtra Cheese

Sm 10"	\$10.50	\$1.50	\$1.50	\$1.50
Md 12"	11.50	1.75	1.75	1.75
Lg 14"	12.50	2.00	2.00	2.00
Mega 16"	14.50	2.25	2.25	2.25

TOPPINGS

Pepperoni	Pineapple	Tomato
Sausage	Feta Cheese	Sun-dried Tomato
Salami	Fresh Garlic	Zucchini
All-white Chicken	Bell Pepper	Meatballs
Bacon	Jalapeños	Parmesean
Artichoke Hearts	Onion	Cheese crust
Black Olives	Fresh Mushrooms	
Cashew Nuts	Sliced Fresh	

Calzones ~ Select any of our Pizza Combinations or Create Your Own Pizza and we will fold it into a Calzone for the same price. In addition, we'll give you a container of our own secret red sauce so you can "dip" your Calzone.

Val's Famous Stuffed Pizza Pie ~ We begin with our own dough made fresh daily, add lowfat Mozzarella, our own secret red sauce, then covered by another crust. Braided edges keep all the flavor inside. Within 12 minutes, the stuffed pie rises and browns. You'll find this one unique, delicious, and something to talk about...mmmmmm.

cheese & sauce \$15.50
extra topping \$2.00 each

Deep Dish (without the top crust)
cheese & sauce \$14.50 • extra topping \$2.00 each

Feeding a Crowd?? For a Giant Rectangular Pan Pizza (12"x17"), please add \$5.99 to the price of any large Combination or any large Create Your Own Pizza.

Spicy Chicken Wings

Take'em home and bake at the same time you bake your Pizza or Calzone!
8 pieces with a side of ranch dressing + hotwing sauce
\$12.50



Garlic French Bread

Take home and bake at the same time you bake your Pizza or Calzone
\$4.50